

# Testimonies

Sahaara

## From being shattered...to being a builder!

Shiva Jivan Shaha is a twenty-nine year old ex-prisoner from Darbhanga, Bihar. Shiva's family consists of his mother, five sisters and a brother. He is the youngest in the family. He came to Mumbai in the year 2007. He was arrested as a suspect in a theft case and was lodged as an under trial for three months in Central (Arthur Road) prison.

Shiva was very depressed in the prison and at this time Sahaara staff met him and invited him to the Sunday service in the prison. Upon his release on 4<sup>th</sup> July 2011, Shiva joined Mukti Niwas (Place of Freedom) rehabilitation centre for ex-prisoners. At Mukti Niwas, Shiva is not only provided with wholesome nutrition and quality accommodation but he is also receiving counselling and mentoring to seamlessly integrate into society soon.

Shiva is currently receiving training in masonry and basic life skills. He dreams of obtaining employment in a building construction company and at the same time rebuild his life with new hope and direction.

He is now consumed with a zeal to give back to society and as a first step has pledged to help other newly released prisoners like him to make a fresh start in life.

Thank you, for your generous support that will enable Shiva to see all his dreams fulfilled!



Sahaara's Project Azaad works among prisoners and ex-prisoners seeking to improve their in-prison quality of life and on their release rehabilitate them into society.